



SHEFFIELD CITY COUNCIL

Individual Cabinet Member Report

Report of: Laraine Manley

Report to: Cllr Mary Lea
Cabinet Member for Health, Care and Independent Living

Date: 7th March 2016

Subject: Young Carers, Parent and Adult Carers Strategy
(2016-2020)

Author of Report: Joe Fowler
Emma Dickinson, 0114 273 4746

Key Decision: YES

Reason Key Decision: Affects 2 or more wards

Summary:

1 in 10 people in Sheffield are carers (60,000); they are a hidden army that is a huge strength for the city. Providing care is an integral part of life and many people have told us throughout the consultation they want to care but it is not always easy.

Sheffield has not had a Carers Strategy for a number of years and was charged by the Carers and Young Carers Board in 2014 to develop a new strategy.

The strategy is for Young and Adult carers including parent carers and will outline the vision and commitment for ALL unpaid carers in the city.

Reasons for Recommendations:

(Reports should include a statement of the reasons for the decisions proposed)

The Young Carers, Parent and Adult Carers Strategy has been co-produced with a wide range of people; carers, carer support groups and organisations, local voluntary community organisations and agencies.

The Strategy will provide guiding principles and a high level action plan to improve the lives of Sheffield's carers to continue to care for as long as they wish to.

The Strategy will enable the Authority to comply with a new statutory duty as set out in section 10 of the Care Act 2014.

Recommendations:

The Young Carers, Parent and Adult Carer Strategy is agreed and implemented

Background Papers: Young Carers, Parent and Adult Carers Strategy (2016-2020)

Category of Report: OPEN

Statutory and Council Policy Checklist

Financial Implications
YES Cleared by: Ann Hardy
Legal Implications
YES Cleared by: Louise Bate
Equality of Opportunity Implications
YES/NO Cleared by:
Tackling Health Inequalities Implications
YES/NO Cleared by:
Human Rights Implications
YES/NO Cleared by:
Environmental and Sustainability implications
YES/NO Cleared by:
Economic Impact
YES/NO Cleared by:
Community Safety Implications
YES/NO Cleared by:
Human Resources Implications
YES/NO Cleared by:
Property Implications
YES/NO Cleared by:
Area(s) Affected
City wide
Relevant Cabinet Portfolio Lead
Cllr Mary Lea Cabinet Member for Health, Care and Independent Living
Relevant Scrutiny Committee
Is the item a matter which is reserved for approval by the City Council?
NO
Press Release
YES

REPORT TO THE Cabinet Member for Health, Care and Independent Living

Young Carers, Parent and Adult Carers Strategy (2016-2020)

1.0	SUMMARY
	The word carer throughout this report means someone who looks after a person; a family member or friend because that person would not be able to be safe and well without that help. It might mean young carer, sibling carer, parent carer or adult carer.
	Sheffield has not had a Carers Strategy for a number of years and was charged by the Carers and Young Carers Board in 2014 to develop a new strategy.
	The strategy is for Young and Adult carers including parent carers and will outline the vision and commitment for ALL unpaid carers in the city.
2.0	WHAT DOES THIS MEAN FOR SHEFFIELD PEOPLE
	1 in 10 people in Sheffield are carers (60,000); they are a hidden army that is a huge strength for the city. Providing care is an integral part of life and many people have told us throughout the consultation they want to care but it is not always easy.
	The strategy that will set out six Carer Principles which will define the key actions and services that are required to improve carers' lives.
	Carers have repeatedly told us throughout the consultation: <i>'If you got the services and support right for my family member, I wouldn't have any needs'</i> Whilst this may be true for some, all carers' needs won't entirely disappear if support and services are right for the person they care for. So it's important that we build on carers' strengths (or assets) to reduce and address any ongoing needs.
3.0	OUTCOME AND SUSTAINABILITY
	The vision for all carers is: <i>A City where Carers are valued and have the right support to continue to care for as long as they want to</i>
	We have set out an ambitious plan for every carer to have <ul style="list-style-type: none"> • a life of their own • the choice to care and stop caring without recrimination • equality of opportunity to life chances including education, training,

	work and leisure activities
	We cannot discourage caring, whatever the age of the carer but it should also not be a detriment or reduce their options to continue to learn, work or have a life of their own.
4.0	MAIN BODY OF THE REPORT Including Legal, Financial and all other relevant implications (if any)
	The Strategy is attached in Appendix 1.
	<p>Who is a carer?</p> <p><i>A carer is someone of any age who provides unpaid support to family or friends to enable them to cope and carry on with their day to day life as they could not manage without this help. This could be caring for a relative, partner or friend who is ill, frail, disabled or suffers with mental ill-health or substance misuse</i></p> <p><i>This is not the same as someone who provides care professionally, or through a voluntary organisation.</i></p> <p><i>Carers don't choose to become carers: it just happens and they have to get on with it; if they did not do it, who would and what would happen to the person they care for?'</i></p>
	<p>The value of caring to Sheffield:</p> <p>Although caring for someone cannot be measured, research in 2015 by Carers UK and the University of Sheffield have estimated the value of the caring undertaken by carers in Sheffield to be £1,186 million (this is the estimated value cost of providing homecare for the number of hours unpaid carers provide).</p> <p><i>Valuing Carers 2015 – the rising value of carers' support</i> http://www.carersuk.org/for-professionals/policy/policy-library/valuing-carers-2015</p>
	The Strategy is a City Wide joint multi-agency strategy and has been developed by carers, carer advocacy groups, providers and community organisations, Sheffield City Council and NHS partners. The crucial social and economic role of carers demands that they are strategically supported across the city by all organisations
	<p>We need a new Strategy because:</p> <ul style="list-style-type: none"> • The number of carers is increasing • Carers are getting older (21% increase of carers aged 65+ from the

	<p>2001 to 2011 census)</p> <ul style="list-style-type: none"> • Carers are providing more hours of care (18% increase at 20+ hours and 13% increase at 50+ hours) • For some people caring is lifelong • For other people they may care for a few years and then stop and this could happen several times • Every day there are people starting to care for the first time (approx. 55 people in Sheffield every day) • There are a number of factors that when added together cause health inequalities for carers e.g. emotional stress, poor health, financial hardship
	<p>How has the strategy been developed?</p> <p>This strategy has been developed as a result of many different conversations, questionnaires, discussions and consultations with carers.</p> <p>And it has also been informed by existing local reports including:</p> <ul style="list-style-type: none"> • The State of Sheffield: Parent Carer Forum Report 2014 • Young Carers Manifesto and further young carer workshops (2014 and 2015) • Adult carers: Previous strategy, consultation via support groups, questionnaires, personal conversations and the previous consultation <p>Carers have set out a list of priorities which they feel are important to them. These have been used to develop the PRINCIPLES and will be central to the action plans to deliver this strategy.</p>
	<p>The six Principles:</p> <p>By 2020 every carer should have appropriate opportunities to:</p> <ol style="list-style-type: none"> 1. Access at the right time, the right type of information and advice for them, their family and the person they care for 2. Understand their rights and have access to an assessment 3. Have a voice for themselves and the person they care for 4. Have regular and sufficient breaks 5. Continue to learn and develop, train or work (if they wish to) 6. Look after their own health
	LEGAL IMPLICATIONS
	<p>The Council has a new duty to carers under section 10 of the Care Act 2014:</p> <p>Where it appears to a local authority that a carer may have needs for support (whether currently or in the future), the authority must assess –</p> <p>(a) whether the carer does have needs for support (or is likely to do so in</p>

	the future), and (b) if the carer does, what those needs are (or are likely to be in the future)
	EQUALITIES IMPLICATIONS
	<p>In making a decision, Members must always be mindful of the duty contained in Section 149 of the Equality Act 2010, that is the duty to have due regard to the need to:</p> <ul style="list-style-type: none"> a) Eliminate discrimination, harassment, victimisation and any other conduct that is prohibited or under the Act; b) Advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it; and c) Foster good relations between persons who share a relevant protected characteristic and persons who do not share it.
	<p>This includes having due regard to the need to:</p> <ul style="list-style-type: none"> a) Remove or minimise disadvantages suffered by relevant protected characteristic that are connected characteristic that are different from the needs of persons who do not share it. b) Take steps to meet the needs of persons who share a relevant protected characteristic that are different from the needs of persons who do not share it. <p>Section 158 of the Equality Act 2010, permits the taking of positive action where this is a proportionate means of meeting the needs of persons who share a protected characteristic which are different from the needs of persons who do not share that protected characteristic.</p>
	An Equalities Impact Assessment has been completed in relation to the draft strategy which shows the impact on all protected groups to be positive and this is attached as Appendix 2.
	FINANCIAL IMPLICATIONS
	Commissioning of services to implement the Strategy will be subject to a Commissioning Strategy, which will require Cabinet Member approval outlining the budget and spend.
	ALTERNATIVE OPTIONS CONSIDERED
	The alternative option would be not to have a strategy for carers. This is not a viable alternative as it would result in a breach of a statutory duty, and has been outlined in the strategy and this report; it is legally, morally, socially and economically important for Sheffield to continue to support its carers.
	Carers are identified in the Council's Corporate Plan 2015-2018: <i>provide</i>

	<i>direct support to more carers than ever before</i>
	REASONS FOR RECOMMENDATIONS
	The Young Carers, Parent and Adult Carers Strategy has been co-produced with a wide range of people; carers, carer support groups and organisations, local voluntary community organisations and agencies.
	The Strategy will provide guiding principles and a high level action plan to improve the lives of Sheffield's carers to continue to care for as long as they wish to.
	The Strategy will enable the Authority to comply with a new statutory duty as set out in section 10 of the Care Act 2014.
	RECOMMENDATIONS
	The Young Carers, Parent and Adult Carer Strategy is agreed and implemented

Author: Emma Dickinson
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 Date: 3rd February 2016